

UKSH REFERRAL CRITERIA

AVAILABLE AT:

- Emersons Green NHS Treatment Centre
- Shepton Mallet NHS Treatment Centre
- Devises NHS Treatment Centre
- Cirencester NHS Treatment Centre

SPECIALITY: **UROLOGY**
HRG CODE(S): **L21**
PROCEDURE(S): **Urology One Stop Consult: Non-visible (microscopic) haematuria & UTI
Flexible cystoscopy**
AVERAGE LENGTH OF STAY: **Day Case**

UROLOGY

INDICATION FOR REFERRAL:

Micro-haematuria

- True microscopic haematuria (dipstick+ve -1+ or more, not trace, whether haemolysed or not, unrelated to menstruation, UTI, colouring from drugs, dyes, foodstuffs)
- Persistent microscopic haematuria (≥ 2 out of 3 occasions)
- Symptomatic microscopic haematuria aged 18yrs or more
OR
- Non-symptomatic microscopic haematuria aged ≥ 40 yrs or more

UTI

- **Recurrent UTI in females** (≥ 3 episodes in the last 12 months or ≥ 2 episodes in the last 6 months) **or to rule out risk factors for recurrent UTI**
- **UTI in men** (single episode of febrile UTI/ other symptoms of upper tract UTI/ pyelonephritis, failure to respond to treatment, presence of a complicating factor or ≥ 2 episodes of uncomplicated UTI)

PRE- REFERRAL TESTS / REQUIREMENTS

Pathology	Microscopic haematuria: - Serum U&Es - Urine Protein/creatinine ratio- on a random single specimen of urine if $\geq 1+$ proteinuria on dipstick
Imaging	Typically, any required imaging will be undertaken on the day
Other tests (e.g. EMG)	N/A

INFORMATION

Nutrition / Hydration	May eat and drink as normal
Medication to cease	Patients do not need to stop Warfarin or Aspirin

DISCHARGE

Medication (TTOs)	N/A
Follow up	N/A
Specific Discharge Info	N/A