

UKSH exclusion criteria

UKSH provides elective surgery procedures on behalf of the NHS to medically fit, stable patients and as such the majority of patients can be treated at UKSH in the specialties we offer. However there are a number of exclusion criteria to ensure the safety of all patients. Patients requiring high dependency back-up or complex medical interventions are not suitable for our treatment centres. Patients within the following categories are not suitable for treatment at UKSH:

- **Under 18 years of age**
- **High suspicion of cancer**
- **Clinical emergencies**
- **Unstable ASA 3 (i.e. poorly controlled co-morbidities)**
- **Pregnancy**
- **BMI of more than 40 for general/regional anaesthetic or 45 for local anaesthetic**
(Suitable patients must be under 160 kgs and able to transfer independently)

In addition, the tables below identify specific exclusion criteria for the major organ systems, predominantly in relation to anaesthesia.

KEY

MAJOR Major / intermediate surgery requiring general anaesthesia such as joint replacement, laparoscopic cholecystectomy, hysterectomy, tonsillectomy

MINOR Minor surgery / day case treatment requiring general anaesthetic such as carpal tunnel, hysteroscopy, ganglion excision

ENDO/CAT/DENT Minor surgery requiring local anaesthetic or sedation such as endoscopy (colonoscopy, flexible sigmoidoscopy, gastroscopy), cataract or dental extraction

Y Patient is suitable for treatment at UKSH

Y* GP should discuss referral with the UKSH lead anaesthetist / clinician to determine if patient is suitable for treatment at UKSH

N Patient is not eligible for treatment at UKSH

CARDIOVASCULAR

	MAJOR	MINOR	ENDO/CAT/DENT
Uncontrolled hypertension: Persistent systolic > 160mmHg	N	N	N
Persistent diastolic > 100mmHg	N	N	N
Myocardial infarction, angioplasty or coronary stenting - within the last 6 months	N	N	N
Uncontrolled or poorly controlled angina	N	N	N
CVA / Recurrent TIA within the last 6 months	N	N	Y*
Dysrhythmia (other than chronic atrial fibrillation)	N	Y*	Y*
Pacemaker in situ	N	N	Y
Patients with valve disease or replacements	Y*	Y	Y
Patients with mechanical valves on warfarin	N	N	N
Heart failure (>NYC II)	N	N	N

RESPIRATORY

	MAJOR	MINOR	ENDO/CAT/DENT
Severe COPD FEV1 < 50% predicted. Patients on home oxygen therapy. O2 Sats < 92% on room air	N	N	N
Poorly controlled asthma (frequent acute episodes or needing nebulisation and/or steroids in the last 3 months) OR peak flow below 200 l/min	N	N	N
SOB at rest / minor exertion	N	N	N
Bronchiectasis (severe)	N	N	N
Sleep apnoea	N	N	Y*

RENAL

Renal failure or impairment (GFR with 25ml/min/m ²)	N	Y*	Y*
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NEUROLOGICAL

Epilepsy seizures within the last 6 months	N	N	Y*
Myasthenia gravis	N	N	Y*
Rare neurological disorders	N	N	N

ENDOCRINE

Poorly controlled Diabetes (history of hypoglycaemia in previous 3 months or BMs regularly > 12 mmol/L)	N	N	N
Rare endocrine disorders e.g. Addison's disease, Cushing's syndrome	N	Y*	Y*

BLOOD DISORDERS

Sickle cell disease	N	Y*	Y*
Thalassaemia	N	Y*	Y*
Myelodysplasia, haemophilia, thrombocytopenia	N	N	N
Anticoagulated on warfarin (depending on indication for anticoagulation)	Y*	Y*	Y (but not dental)

MENTAL HEALTH

Known unstable mental health	N	N	N
Dementia: Mental capacity to be assessed using best interest checklist	Y*	Y*	Y*

OTHER

Presence of infected skin lesions or any ongoing infection	N	N	N
Chronic ulceration with cellulitis	N	N	N
Active or severe chronic liver disease	N	N	N
Current or previous MRSA positive (unless negative swabs confirm eradication in previous 6 months)	N	N	N
Immunocompromised patients	N	N	N
Malignant hyperthermia	N	N	N
Patients on clopidogrel	See special conditions page 5		

UKSH is able to accept patients with mild to moderate systemic disease or with stable co-morbidities. This corresponds to anaesthetic assessment status ASA – 1, ASA – 2 or stable ASA – 3.