

SPECIALITY: **Pain Management**  
 PROCEDURE(S): **Steroid epidural injections, nerve root injections, stellate ganglion block, peripheral nerve injections**  
 ALOS: **Day case**

AVAILABLE AT: **Cirencester NHS Treatment Centre**

#### INDICATIONS

- Non cancer related pain persisting on a daily basis for 3 months, unrelieved by other measures
- Includes spinal pain, other musculoskeletal conditions and nerve pain

#### PRIMARY CARE ASSESSMENT +/- DIAGNOSTICS

- Clinical assessment

#### EXCLUSION CRITERIA

- Please refer to the UKSH exclusion criteria detailed on pages 6/7

#### PREPARATION FOR PROCEDURE

- Eat and drink as normal
- Sips of water up to 2 hours prior to the procedure
- If the patient takes **aspirin** they should stop this 7 days pre-operatively
- If the patient takes **warfarin** they should stop 4 days pre-operatively and visit their GP practice the day before for INR check, the result of this is to be phoned to PACU. INR to be below 1.4 on day of surgery
- The patient receives a pre-admission telephone call no later than 7 days prior to admission to reassess fitness for surgery and reconfirm specific pre-operative instructions

#### FOLLOW-UP

- Follow-up call 24 hours post-discharge for all patients