

Referral Criteria

If you are unsure about any referral please call us on 0117 906 1800.

The majority of cases can be treated, however there are a number of exclusion criteria to ensure the safety of all patients. Key areas where patients are not suitable for treatment are:

- Under 18 years of age
- High suspicion of cancer
- Clinical emergencies
- Unstable ASA 3 (ie. poorly controlled co-morbidities)

The full list of exclusions can be found below.

Exclusion Criteria

KEY

Y – Exclusion criterion applies

N – Exclusion criterion DOES NOT apply

N* – GP to discuss referral with the UKSH lead anaesthetist/clinician before referral accepted

Major procedures = requiring inpatient treatment
(e.g. major joint replacement, lap choles etc)

Minor procedures = requiring day case treatment
(e.g. orthopaedic hand and foot procedures) or endoscopy

CARDIOVASCULAR

MAJOR & INT MINOR

Uncontrolled hypertension: Persistent systolic > 160mmHg.		
Persistent diastolic > 100mmHg	Y	Y
Myocardial infarction, angioplasty or coronary stenting - within the last 6 months	Y	Y
Uncontrolled or poorly controlled angina	Y	Y
CVA / Recurrent TIA within the last 12 months	Y	Y
Dysrhythmia (other than chronic Atrial Fibrillation)	Y	N*
Pacemaker in situ	Y	N
Patients with valve disease or replacements – taking antibiotic prophylaxis	N*	N

RESPIRATORY

MAJOR & INT MINOR

Severe COPD FEV1 < 50% predicted. Patients on home oxygen therapy. O2 Sats < 92% on room air	Y	Y
Poorly controlled Asthma (frequent acute episodes or needing nebulisation and/or steroids in the last 3 months) OR peak flow below 200 l/min	Y	Y
SOB at rest / minor exertion.	Y	Y
Bronchiectasis (severe)	Y	Y

RENAL

Renal failure or impairment (creatinine > 200 umol/L)	Y	N*
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NEUROLOGICAL

Epilepsy seizures within the last 6 months	Y	Y
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ENDOCRINE

Poorly controlled Diabetes (history of hypoglycaemia in previous 3 months or BMs regularly > 12 mmol/L)	Y	Y
Rare Endocrine disorders e.g. Addison's Disease, Cushing's syndrome	Y	N*

BLOOD DISORDERS

Sickle cell disease	Y	N
Thalassaemia	Y	N
Myelodysplasia, Haemophilia, Thrombocytopenia	Y	Y
Anticoagulated on warfarin (depending on indication for anticoagulation)	N*	N*

OTHER

Age under 18 years	Y	Y
BMI of 40+ (BMI 35-40 considered on individual merit at outpatient assessment clinic)	Y	Y
Presence of infected skin lesions or any ongoing infection	Y	Y
Chronic ulceration with cellulitis	Y	Y
Active or severe chronic liver disease	Y	N*
Current or previous MRSA positive (unless negative swabs confirm eradication in previous 6 months)	Y	Y
Immunocompromised HIV or active Hepatitis B or C	Y	Y
Known unstable mental health	Y	Y
Known history of anaphylaxis	Y	N*