

AVAILABLE AT:

- Emersons Green NHS Treatment Centre
- Devizes NHS Treatment Centre (outpatients only)
- Cirencester NHS Treatment Centre (outpatients only)

SPECIALITY: **ORTHOPAEDICS/JOINTS**
 HRG CODE(S): **H80,H81**
 PROCEDURE(S): **Total hip replacement**
 AVERAGE LENGTH OF STAY: **4 Nights**

INDICATION FOR REFERRAL:

- Painful joint destruction affecting patients quality of life
- Osteoarthritis of joint refractory to non-surgical treatment

N.B. Patients are not to be referred if they have metal work in the joint

PRE- REFERRAL TESTS / REQUIREMENTS

Pathology	N/A
Imaging	X-ray no more than 3 months old
Other tests (e.g. EMG)	N/A

INFORMATION

Nutrition / Hydration	No food 6 hours prior to the procedure Clear fluids up to 2 hours prior to the procedure
Medication to cease	All patients stop Warfarin 4 days, INR on day before surgery with GP or Nurse, and patient to ring PACU with results

DISCHARGE

Medication (TTOs)	Rivaroxaban 10mg one to be taken each day for 35 days Co-codamol 30/500mg Tramadol 50mg
Follow up	6 weeks, 3 months, 12 months
Specific Discharge Info	Will be off work for approximately 3 months

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SPECIALITY:	ORTHOPAEDICS/JOINTS
HRG CODE(S):	H04
PROCEDURE(S):	Total knee replacement
AVERAGE LENGTH OF STAY:	4 Nights

INDICATION FOR REFERRAL:

- **Painful joint destruction affecting patients quality of life**
- **Osteoarthritis of joint refractory to non-surgical treatment**

N.B. *Patients are not to be referred if they have metal work in the joint*

PRE- REFERRAL TESTS / REQUIREMENTS

Pathology	N/A
Imaging	X-ray no more than 3 months old
Other tests (e.g. EMG)	N/A

INFORMATION

Nutrition / Hydration	No food 6 hours prior to the procedure Clear fluids up to 2 hours prior to the procedure
Medication to cease	All patients stop Warfarin 4 days, INR on day before surgery with GP or Nurse, and patient to ring PACU with results

DISCHARGE

Medication (TTOs)	Rivaroxaban 10mg one to be taken each day for 14 days Co-codamol 30/500mg Tramadol 50mg
Follow up	6 weeks, 3 months, 12 months
Specific Discharge Info	Will be off work for approximately 3 months